

-----fold over-----

No one will hit you harder than life itself.
It doesn't matter how hard you hit back.
It's about how much you can take.. and keep fighting.
How much you can suffer and keeping moving forward.
That's how you win.

—Anderson Silva



-----fold over-----

This is a tent poster. Fold over each side sharply, and tape the sides together. Place it on your desk and use it to help you stay motivated during the month. Replace it each month when you get a new one.

